



FROM THE EDITOR'S DESK

The resilient Deenites had a blast in the year 2022, as they stepped into the Deens campus after two long years of confinement due to the Covid pandemic. Now as we step into 2023, be sure that a new year is filled with endless possibilities, so dream big and believe in yourself! From resolutions to bucket lists, I hope you check them all off, this year!

Awareness On Narcotics

An awareness session on narcotics – report by Namitha S Navaneeth

On the 26th of June, students of grades X, XI and XII of both, Whitefield and Gunjur campus attended an enlightening session on drug use and abuse. The session was conducted by Assistant Commissioner of Police at the Whitefield police station. The interactive session aimed to shed light on the critical issue of narcotics, especially in and to address the reality of the situation. Open dialogue and active participation were encouraged in order to create an environment where we discussed the root causes and contributing factors behind substance abuse, the most salient being peer pressure and bad friend groups, as well as the impact of addiction on individuals, families and society.

The officer explained the various ways in which drug peddlers trickle into the society, especially in an urban hotspot such as Bangalore. The officer also talked about the importance of reporting and informing the police if we were to ever encounter such a situation. This can also be done anonymously via emergency number 112, which is an internationally recognized number to get assistance by the Police, Ambulance or Fire. We were then shown a video which circled back to peer pressure and its role in substance abuse. The session ended with us saying "No to Drugs, Yes to Life". Overall, it was quite an enlightening and informative session.



Interact Club

INSTALLATION CEREMONY - THE DEENS ACADEMY

The Installation Ceremony for the Inteact club - The Deens Academy was held on July 6th, 2023. The much-awaited Interact Club Sermon began its show in an atmosphere brimming with excitement, while those attending watched in awe. Students of Grade 8, Aanchal Mehta and Gargi Dwivedi, took to the stage to deliver the introductory speech that set the tone for an exciting morning ahead. The ambience was further elevated by the captivating melodies sung by the school choir, enthralling the audience.

Amid this vibrant setting, our newly established Interact Club council members were honoured with their well-deserved badges. The council comprised a dedicated team of a President, Vice President, Secretary, Treasurer, Sargent at Arms, and five Directors, each entrusted with specific roles and responsibilities, under the guidance of the faculty coordinator, Ms. Samina Nikhat. The event proceeded with the former president of the Interact Club, Anvita Goidani, delivering an insightful speech, sharing her invaluable experience in leading the club.



Our newly elected President, Manav Bhatia, in his inspiring address, shed light on the essence and accomplishments of the Interact Club over the years. Following this, our Treasurer, Sumana Das, presented a compelling vision for the club's future endeavors. The morning continued with Rotarian Narasimhan graciously sharing his profound knowledge, offering a glimpse into the esteemed 4-way test. Subsequently, Rotarian N Balakrishnan shared with the audience accounts of his donations and achievements that have made a substantial difference in the lives of individuals and schools. The memorable event, filled with inspiration and promises, closed with the National Anthem.

Sumana Das G8

This is what Promila Mathur said after the programme:

"Thanks for the wonderful hospitality, beautiful school with a super sufficient staff working with such ease and calm. No one appeared to be hassled as everything had been so meticulously planned and even better executed. The programme was a huge success.

Thank you"
Rotarian Promila Mathur



A Special Assembly is a very fun filled event where the students can display various skits, dances or songs based on the topic they have been given. The day started off with much festivity and rapture as all the students admired the decorations and marveled at everyone's costumes for the event. Everyone came down to the basketball court and took their places as the parents and esteemed guests arrived. As all the parents took their seats, Naitik of 7E gave the welcome speech and the event commenced.





The first event was a song 'Unity' by Alan Walker displayed by the boys of 7C and 7E representing Ubuntu. The audience applauded loudly as the boys welcomed the Hindi students of 7B to the stage to present a skit based on honesty and Ubuntu. They utilized a classroom as their set with a student dressed as a teacher, students and even as our principal Shanti Ma'am! The crowd marveled at the creativity displayed and welcomed the students of 7D who presented a mime and a dance. The crowd enjoyed the various scenes and then came the Kannada students who displayed a skit in Kannada talking about the importance of honesty and unity.

The crowd enjoyed the skit and welcomed the French students as they entered the stage. They displayed a dance based on unity and ubuntu and ended the performance with the boys standing on top of each other in a pyramid formation leaving the crowd in thrill and enjoyment as they welcomed some of the students of 7E presenting a skit based on a story which shows everyone to be selfless and to also think about others. The Sanskrit students then sang a song which left the crowd in awe with their voices. Then came the Hindi students of 7a presenting another skit on honesty with the set of a taxi and clothing store where the taxi driver found the lost bag and returned it to the police station.

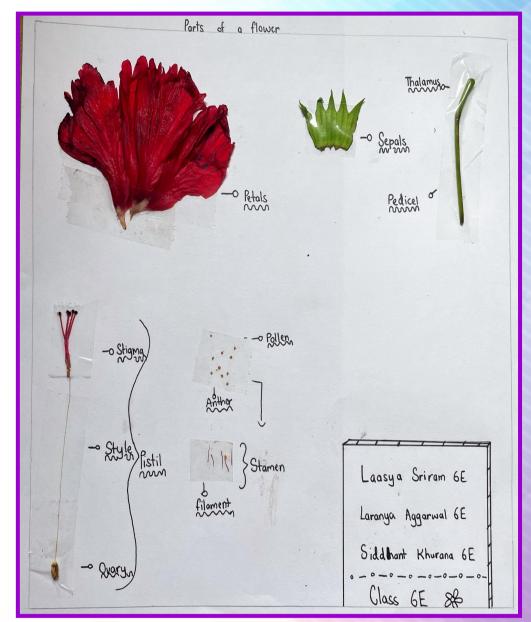
The event ended with a fabulous dance performed by the girls of 7E on the song "Legendary" representing ubuntu. As the final beats of the song ended, Pratyush Mijar of 7E gave the ending speech giving gratitude to all the parents, teachers, staff, and students for working so hard to make this event happen. Everyone then rose up for the national anthem and dispersed marking the end of this spectacular event.

- Arika Sarkar-7B



Benjamin Franklin once said "Tell me and I forget. Teach me and I remember. Involve me and I learn."

Hands-on activities are instructional techniques that allow students to learn by doing. To understand the interior structure of a flower and its functions, students of Grade 6 of The Deens Academy, Whitefield dissected a Hibiscus Flower. Hibiscus is considered to be a perfect flower because of its well-defined structure. It is also a complete flower as it possesses all the four whorls i.e. of sepals, petals, male reproductive structures and female reproductive structures. This makes it one of the best choices for dissections. In this activity the students had to carefully detach all the parts of the flower and dissect out all the four whorls. Then they had to place these separately on a sheet and label each part. This helped them to understand how the tissues and organs are connected and also gave them hands-on experience to comprehend the intricacy of the most beautiful part of the plant.









Bagless Day G8

"Growth occurs when one goes beyond their limits. Realizing that is also part of training."

The National Consultation Meeting on the Implementation of Vocationalisation of Education in Schools was held on the 27th and 28th of February at PSSCIVE. The importance of creating awareness among students about the future of work and the need to integrate technology by way of blended learning for better reach and access to the courses along with integrating vocational and general education through innovative curriculum was highlighted in this meeting. Following the talk through, vocational exposure, multidisciplinary and holistic education, and implementation of Bagless Days at middle and secondary stages were implemented as per the recommendations of NEP 2020.

The day started with an enthusiastic zeal and ardor from the students as well as the faculty members. The students of Grade 8 engrossed themselves in diverse activities in a bid to reduce the weight on their shoulders and to explore their hidden talents. Basic knowledge of computer parts and hardware, coding, CD painting, glass painting, vegetable carving, basic business studies(financial Literacy), practical applications of science, crochet, acapella, dancing, creating music with utensils and cutlery and rangoli designing were explored throughout the day. All these exercises were mentored and supported by the staff members of the school to develop an understanding, interdependence and interaction with helping members. We, as students were able to realise that individual liberty and interdependence are both essential for a life in the society. CD and glass painting, Rangoli art and vegetable carving built observation-based learning, dexterity, capacity and scope for practice. As our artistry and creativity flowed, the sense of relying on the heart emerged too. Science and business studies theories were applied to practical experiments. Together, the students learnt to promote the dignity of labor while fostering development of various skills, soft skills, aesthetic values, cooperation, teamwork, judiciousness, use of raw materials, creativity, quality, etc. These activities involving the head, hand, and heart give exposure to possible career, and higher education avenues allowing the young minds of students to pave way for parity and equivalence of qualifications and understand how digital interventions can transform the scope of skilling for a resilient and sustainable future. Everyone wants to live on the top of the mountain, but all the happiness and growth occurs when you're climbing it.

- Shobana Ramakrishnan G8

Bagless Day G7

Report on Grade 7 Bagless Day - Deekshithaa Muthusamy 7D

Grade 7 had their Bagless day on 22nd June. This was an amazing experience with varied activities to try. We got to learn about computer hardware and troubleshooting, basics of self-defence, dining etiquettes - personal grooming, hands on electrical work shop, and artwork included glass painting, block painting and zentangle. It was a great way to grow personally, develop new skills, and let our creativity shine without us worrying about studies for a day. Bagless Day taught us about sustainability and helped us learn in a fun and memorable way. One of the standout sessions during Bagless Day was dedicated to delving into the intricacies of computer hardware. This session provided valuable insights into the internal workings of computers, educating us about different hardware components and their specific functions. We also had a really exciting self-defence workshop where we learned important techniques and strategies. We learned practical self-defence moves like basic strikes, kicks, and escape techniques, which gave us valuable skills to protect ourselves. It was empowering to acquire these important skills for personal safety. Furthermore, we were privileged to receive training from professionals at the International Institute of Hotel Management (I.I.H.M) on the art of using using various cutlery. This session provided us with a handson experience and guided us on the proper usage of different spoons, fork, knife, enhancing our etiquette and dining skills. The electrical workshop proved to be an interactive session, where we gained insights into fundamental electrical concepts and learned about safety measures. We assembled our own electrical and with three wires—neutral, live, and earthing—further deepening our understanding of electrical systems.

We were able to explore various artistic forms during the event. We engaged in block painting, where we used wooden blocks to create intricate designs on pieces of cloth. Additionally, we delved into the captivating world of Zentangle art, a meditative form of drawing, and tried our hand at glass painting, using OHP sheets as our canvas. Participating in these art forms gave us a chance to unleash our creativity and develop a keen interest in different forms of artistic expression. Lastly, we acquired a practical skill that could come in handy in real-life situations—changing a flat tire. During the workshop, we learned the step-by-step process of replacing a flat tire with a spare one and were educated on the precautions to be taken while doing so. Overall, Bagless Day was a transformative experience, enabling us to broaden our horizons, develop new skills, and foster personal growth. The event successfully combined sustainable awareness with a comprehensive learning environment, creating a truly memorable and impactful day for all the students.

- Deekshitha Muthusamy 7D

My Clean Earth

Our earth is getting ugly day by day. Who is responsible for this crime? Of course we he humans are responsible for this disaster.

It is our duty, to save the earth and its' beauty

We should take following initiatives to bring back our earth's beauty.

- 1) We shouldn't through garbage on the ground
- 2) We shouldn't wash our dirty cloths in river, ponds or lakes
- 3) When we go to a restaurant to by some food, must take our own container
- 4) We must throw trash in bin
- 5) We should avoid plastic

These are only ways that I know to prevent our earth from getting destroyed. I suggest that we all should stay united and come forward to save our mother earth.

We must throw all trash in the bin, then our Earth will give a huge wide grin.

- Sanjog Mohapatra 2A

Krishi Vihara Field Trip

7th Grade Field Trip To Krishi Vihara

"Books fill your brain, but adventures fill your soul."

Our field trip as Grade 7 this year was to 'Krishi Vihara' an organic farm which believes in harmony with nature. After a long 2 hour bus ride, we were welcomed by a wonderful cup of rose milk and very amiable staff. We had an eye-opening introduction to Krishi Vihara and the activities we would be doing that day, along with an interesting discussion about all the good bacteria and microbes who live on and in us!

After this introduction, we were split into batches to be driven through all the interesting activities planned for us. First we started with cow care and Vermicomposting. We fed the cows and even got to pet them! They were extremely soft and well-kept. We learnt about the importance of Earthworms and their significance in 'Vermicomposting'. Though we got our hands dirty, we made a soil bag with fertile soil, manure and planted flower seeds in it.

After this we were off to fabrication! Here we were first briefed about workshop safety and got to work making our very own scale using flattened aluminium sheets. After measuring the exact length we needed, we cut the strips and sanded the edges down. After this, we applied a sticker on the metal piece and engraved our initials into our very own ruler.

After this unique experience, we were ravenous and ready for lunch! The staff of Krishi Vihara had prepared a mouth-watering yet nutritious meal which we all scarfed down. After that yummy meal we self-washed our dishes too. Afterwards we were even treated to a pint of refreshing ice-cream.

After this it was time for the most anticipated activity, paddy farming! The staff had already prepared the fields and the sprouts that we would be planting. Slight fear and excitement strung high in the air as we all hiked up our shorts, holding sprouts in our hand, and entered the fields. The fields were muddy and squishy, we had so much fun planting and laughing our hearts out! After words, we waddled our way to the shore and pulled ourselves out. We admired the sea of green we had planted, one sprout at a time. After this we washed ourselves off at a water pump and took a plunge in the lake near-by.

Then completing all these fun filled activities, time came to leave the wonders of nature. We had a fun feedback session where everyone shared their thoughts. We were given evening snacks which was a yummy gesture of a goodbye. We climbed onto our buses thinking about the memories we made there. We, the students of 7th, sincerely thank 'Krishi Vihara' which has so kindly welcomed us and set up such educational workshops to help us set up life-skills and learn about our past and present. We would also like to thank our teachers who took time out of their busy schedules to set up such a fun field trip for us. This trip taught us skills and gave us memories we will never forget.

Mokhita & Aishani of 7A

